

KEYNOTE LECTURES

Skeletal muscle and aging

(J. A. R. Duarte, Portugal)

Successful aging: a perspective from lifespan psychology

(U. M. Staudinger, Germany)

Preventing falls in older people – the role of exercise

(M. E. T. McMurdo, Scotland)

Healthy mind in a healthy body? A review of sensorimotor-cognitive interdependencies in old age

(U. Lindenberger, Germany)

SELECTED SYMPOSIA

Aspects of fat metabolism in aging

(Th. Mengden, Germany)

Fall prevention in the elderly

(E. Freiburger, Germany)

EUNAAPA – a European network for action on aging and physical activity

(M. Hopman-Rock, Netherlands)

THENAPA II: European programme in adapted physical activity for elderly persons with disabilities

(H. van Coppenolle, Belgium)

Health promotion for elderly people – models of good practice

(M. Kolb, Austria)

Successful aging and the effect of physical activity

(W. Schlicht, Germany)

SELECTED WORKSHOPS

Staying healthy over time: performance & injury prevention for the older golfer

(P. R. Geisler, USA)

Staying healthy over time: performance enhancement and injury prevention for the older tennis player

(B. C. Belyea, USA)

“Fit for 100” – establishing physical activity in the old old

(Frank Nieder, Germany)

Biomechanics for research in physical activity and aging

(N.N.)

Weight machines – strength training with the elderly

(P. Preuss, J. Felder, Germany)

SCIENTIFIC BOARD

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VOR ORT!

EGREPA XTH INTERNATIONAL CONFERENCE

PHYSICAL ACTIVITY AND SUCCESSFUL AGING

Sep. 14th - 16th, 2006

COLOGNE, GERMANY

Location of the conference:

Deutsche Sporthochschule Köln
Carl-Diem Weg 6
50927 Köln

FINAL ANNOUNCEMENT



Deutsche Sporthochschule Köln
German Sport University Cologne
www.dshs-koeln.de



EGREPA is the European Group
for Research into Elderly and Physical Activity
www.egrepa.org

Contact:
www.egrepa.org
conference2006@egrepa.org

INVITATION AND CALL FOR PAPERS

The European Group for Research into Elderly and Physical Activity (EGREPA) is the European scientific society, focussing on research and practical applications for the elderly. We invite researchers to that European platform for the exchange of ideas and cooperation regarding physical activities for an aging population.

The Xth EGREPA Conference is oriented towards researchers, clinicians, practitioners, trainers, healthcare-professionals, service-providers, family and professional geriatric caregivers, decision makers in the private and public sectors in the field of physical activity, sports and aging for older adults.

According to the different target groups four program columns will be arranged (participants are welcome to switch between columns):

Science & research
Programmes & promotion
Training for trainers
Practical exercise for everybody

NEWS:

You are welcome to contribute oral and poster presentations, workshops and to offer practical exercise. Our website <http://www.egrepa.org> is open for your submissions until March, 31st, 2006 (Conference 2006 – Abstract submission).

Please register now for the conference and make use of the early bird discount (Conference 2006 – Registration).

We look forward to meeting you in Cologne!

Prof. Dr. Michael Sagiv,
Zinman College, Wingate Institute, Israel
(President of EGREPA)

Prof. Dr. Heinz Mechling,
Deutsche Sporthochschule, Germany
(Chairman of the organizing committee, Board member of EGREPA)

Dr. Michael Brach,
University of Bonn, Germany
(Conference Manager)

TOPICS

Biomedical Approach to Aging

Genetics
Fat metabolism
Cardiovascular and respiratory system
Degeneration, injuries, damages

Behavioral Approach to Aging

Function, fitness and related practice
Development of sports performance
Exercise and training
Competitive sports / master athletes
Strength training
Balance & mobility
Physical activity and cognition
Variability between and within subjects

Socio-psychological Approach to Aging

Personality
Geragogical concepts of successful aging
Socio-economic situation
Demography and epidemiology

The "Fourth Age"

Falls and fall prevention
Disability and aging
Frailty
Compression of morbidity
Caring and mobility
Dementia

Physical Activity and Aging in Europe

Promotion and public education
Practice concepts and models

Free contributions

Contact:
www.egrepa.org
conference2006@egrepa.org

TIMELINE – NEW! –

March 31th , 2006

Deadline for presentation submissions

April 30th , 2006

Notification of acceptance

April 15th + May 31th , 2006

Early bird registration I+II

PARTICIPATION FEES (Euro)

	students	EGREPA members	normal
Sep. 14th - 16th, 2006			
early bird I (before April 15th)	140	112	70
early bird II (before May 31st)	170	136	85
full price	200	160	100
Part time			
morning or afternoon	55	45	30
Cologne Night			
early bird (until May, 31st)	25		
full price	30		

EGREPA MEMBERSHIP

Join EGREPA! 2006 membership fee: 40 Euro

benefits:

- 20% discount on conference fee (see above)
- one year EURAPA (European review on aging and physical activity), the official journal published by Springer (online access and printed issues)
- discount on subscription of JAPA (Journal of aging and physical activity)

Please find detailed information at www.egrepa.org